



Subject: Grade 6 Life Skills

Topic: Term 1: Mini-exam

Total: 56 Marks

Name: _____

Date: _____

Question 1: True/False

2 marks

If you develop your abilities and focus on positive aspects in your life, you will grow in confidence.

TRUE

FALSE

Question 2: Text Input

3 marks

When boys and girls are going through ..., they are called **adolescents**.

Provide **one word only**.

This image refers to question: 3, 4

Brandon's story

Brandon was getting ready for the movies when he noticed that his new jeans were suddenly far too short. The sleeves of his T-shirt were just as bad. He went to the kitchen to complain to his mom, but his voice came out in a high-pitched squeak. Mortified, he stopped mid-sentence and walked away. His mother called him back and reassured him not to worry, explaining that he was simply going through a "phase".

Question 3: Text Input

3 marks

Read Brandon's story.

During puberty, Brandon can also expect to experience **oily** ... and pimples.

Provide **one word only**.



Question 4: Multiple Choice

4 marks

Read Brandon's story.

Which of the following statements **best describes Brandon's state of mind** when he noticed the changes?

- | | |
|----------|---|
| A | He was well-informed about the changes that were happening to his body. |
| B | He was shocked, embarrassed, and unprepared to cope with the changes. |
| C | He did not care about the changes. |
| D | He was proud that he was finally entering puberty. |

This image refers to question: 5, 6, 7

Diane's story

1. Creative writing was Diane's true passion; she could lose herself for hours in the craft, meticulously polishing every sentence of her stories. Her English teacher had even remarked that she possessed the potential to become a great author someday. So, when a TV advertisement appeared for a holiday writing workshop for teens, Diane didn't hesitate. She immediately asked her mother about enrolling, her eyes bright with excitement. Attending the course, she explained, was the key to finally achieving her goal: Seeing one of her stories published in the school newspaper before the end of the year.
2. During Wednesday's break, a group of girls from Diane's class cornered her with an offered cigarette. Caught between her dislike for smoking and the pressure of the moment, Diane froze - until Mandy intervened. "Let's go to the tuckshop," Mandy suggested. Seizing the escape, Diane ignored the girls and hurried away with her friend. Behind them, a voice jeered, "What's wrong, Diane? Worried a bit of smoke will spoil your writing?" Their laughter echoed as the two girls ducked inside.

Question 5: True/False

2 marks

Read paragraph two of Diane's story.

If other learners ask you to join them in doing something that is wrong, it is called **peer pressure**.

TRUE**FALSE**

Question 6: Multiple Choice

4 marks

Read **paragraph one** of Diane's story.

Select the phrase that **does not fit**:

Diane may become a great author someday, because

- | | |
|----------|---|
| A | her parents are wealthy |
| B | she is passionate about writing |
| C | she spends hours crafting her ability to write |
| D | she becomes better at it due to her hard work and interest in it. |
-

Question 7: Text Input

3 marks

Read **paragraph one** of Diane's story.

Diane's goal was to have one of her stories ... in the school's newspaper this year.

Provide **one word only**.

--

This image refers to question: 8



Question 8: True/False

2 marks

Puberty starts at the same age for boys and girls.

TRUE

FALSE

Question 9: Multiple Choice

4 marks

Select the word that will correctly complete the sentence:

A **disagreement** between two or more parties can be **resolved by mediation** if a/an ... person can act as a **peacemaker**.

- | | |
|----------|-------------|
| A | serious |
| B | consulting |
| C | objective |
| D | interpreter |

This image refers to question: 10, 11, 12

Tim's story

1. When Tim and his friends arrived at the skate park, Lauren's group were already skating. The boys settled onto a nearby bench, watching as the girls carved through the air. Tim found himself impressed by Lauren; despite her chubby build, she navigated the most difficult ramps with ease, cheering her friends on to follow her lead.
2. As the minutes ticked by, however, the boys grew restless. The girls showed no signs of slowing down or sharing the space. When Tim finally approached her to ask for a turn, Lauren didn't budge. "First come, first served!" she shouted, pivoting her board and racing toward the highest ramp in the park.
3. Boos erupted from the boys, met instantly by mocking shouts from the girls. Sensing the situation was out of control, Tim realized he needed a different tactic. He approached Lauren again, this time calling for a truce to discuss a way forward. After a brief but intense negotiation, they reached an agreement. Calling both groups together, they announced a new plan: they would rotate in fifteen-minute shifts, starting with the boys. To keep things interesting, the group on the sidelines would act as judges, critiquing tricks and crowning the best performers of each round.

Question 10: True/False

2 marks

Read Tim's story.

Tim and Lauren **treated each other with respect** when they finally **negotiated**.

TRUE

FALSE

Question 11: Multiple Choice

4 marks

Read **paragraph three** of Tim's story.

The **peacekeeping style** that Tim used, is called

- | | |
|----------|---------------|
| A | mediating |
| B | compromise |
| C | consolidating |
| D | conflict |
-

Question 12: Multiple Choice

4 marks

Read **paragraph one** of Tim's story.

Select the phrase that **does not fit**:

Lauren has a **good body image**, because

- | | |
|----------|---|
| A | she has accepted her body as it is |
| B | she has been rejected by the group |
| C | she does not shy away from being active |
| D | her friends like her for who she is. |
-



This image refers to question: 13



Question 13: True/False

2 marks

A good listener **does not** have to **look at the speaker**.

TRUE

FALSE

This image refers to question: 14



Question 14: Text Input

3 marks

It is better to wait until you are ... and more mature before you have sex.

Provide **one word only**.

Question 15: True/False

2 marks

If you set yourself a **goal**, it must have a **specific timeframe**.

TRUE

FALSE

This image refers to question: 16, 17

Tuli's story

1. Tuli stood frozen, staring at her reflection in the mirror. Her skin, which had always been flawless, suddenly showed a few stubborn spots. Worried, she turned to her friend Lungi for comfort. Lungi gently tried to ease her concerns, reminding her that such breakouts were simply a rite of passage for every teenager. She encouraged Tuli to stick to a consistent routine to keep her skin clean through daily washing. "Come on, let's go for a run," Lungi suggested, hoping to distract her. "The fresh air will make you feel much better."
2. A few days later, Thabo and his friends approached Tuli, his eyes bright with a nervous sort of hope. He pulled her aside to ask if she would go to the movies with him, adding softly, "It'll give us a chance to finally be alone." Although Tuli liked Thabo a lot, the idea of a private date made her uneasy. She hesitated, then offered a bright smile. "That sounds fun! I'll ask Lungi and the rest of the group to join us, and we can all go together." Thabo's face fell slightly with disappointment, but he gave a reluctant nod and agreed.

Question 16: True/False

2 marks

Read paragraph two of Tuli's story.

It is **not a problem** to spend time alone with someone of the opposite gender, someone whom you like a lot and have feelings for.

TRUE

FALSE

Question 17: Text Input

3 marks

Read **paragraph one** of Tuli's story.

During **puberty** all teens experience **problems** with

Provide **one word** only.

Question 18: Text Input

3 marks

Give **one word** for your **friends** and other **people of your age**.

Question 19: Multiple Choice

4 marks

Select the sentence that **does not match** with **peacekeeping skills**:

- | | |
|----------|---|
| A | Show respect for other people. |
| B | Show the other people who the boss is. |
| C | Carefully choose how you speak to others. |
| D | Never speak in an accusational tone. |

Total: 56 Marks